

Physical Education



Year group: 1

Term: Summer 1

Prior knowledge

Pupils have explored different ways of using their hands and feet to move with a ball, keeping control.

Pupils have explored rolling, pushing and bouncing a ball with a partner.

National Curriculum Objectives

- Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.



Topic overview – Team Building

The unit of work will introduce teamwork. Pupils will explore and learn why it is important to include everyone when working as a team and what makes an effective team. Pupils will begin to explore simple strategies to solve problems.

By the end of this unit, I will be able to:

Doing - Pupils will use developing teamwork skills in pairs and small teams to complete all of the challenges successfully.

Thinking - Pupils will begin to understand what makes an effective team and why we must include everyone. Pupils will start to create simple tactics.

Team Work - Pupils will develop life skills such as empathy and fairness as they work together to complete the challenges.

Wellbeing - Pupils will develop life skills such as courage and self-belief as they try their hardest to complete the different challenges.

Key vocabulary

- Dribble
- Pass
- Aiming